

Learning to Learn CPD Pack - Note-Making Handout

<b>Cognitive Load Theory</b>		
<p>What is CLT?</p>	<p>What are the 3 types of cognitive load and what do they mean?</p>	
<p>What does CLT tell us NOT to do as teachers?</p>	<p>What does CLT tell us that we <u>should</u> do as teachers?</p>	<p>What do you think about CLT?</p>